

Position title	Reminiscence Group Facilitator
Location	Twickenham Library
Responsible to	Library Supervisor/Volunteer Coordinator
Role summary	<p>The Reminiscence group is an informal group which provides a friendly and relaxed space for elderly people to share their memories, socialise, and listen to stories. The aim of the group is to <u>encourage social interaction</u>, reduce isolation, and generally improve the wellbeing of the attendees.</p> <p>The group facilitator can use a variety of multisensory props (these can include photographs, toys, music, films, etc.) and thematic activities to engage with the group and encourage discussion and memory recall.</p>
Responsibilities	<ul style="list-style-type: none"> • Setting up the space, preparing basic refreshments (tea and coffee will be provided by the library service) and welcoming attendees • Creating an inclusive and inviting environment in which everyone is inspired to speak and listen • Helping to deliver sessions by delivering readings, facilitating different activities, showcasing objects and holding discussions with participants, and if appropriate, setting a 'theme' for each session • Engaging all participants in the session and encouraging them to join in the discussion
Skills/abilities/knowledge required	<ul style="list-style-type: none"> • Good listening, communication and interpersonal skills. • A sensitive and empathetic nature • A good command of spoken English and the ability to engage others in group discussions • An interest and enthusiasm in working with older people • Self-sufficient and can work independently, but feel confident to ask questions should the need arise.
Training	An induction and support for the role will be given by LBRUT Library Service.
Time requirement	<ul style="list-style-type: none"> • Sessions usually run for 1.5 hours. You will be requested to arrive up to 15 minutes before the start to help set-up, and leave up to 15 minutes after the session to help clear up. • Sessions will run on the third Friday of every month (excluding January and February).
Length of commitment	Minimum 6 month commitment.

